

Detailed Report

07 Days NSS Special Winter Camp 2025 (at Adopted Village: Branpathri)
From 07th to 13th February 2025

The Govt. Degree College Tral successfully organized a seven-day NSS Special Winter Camp at its adopted village, Branpathri, from February 7 to February 13, 2025. The main aims and objectives of the camp was to engage students in community service, promoting social responsibility, develop leadership skills, teamwork, enhance personal skills through practical exposure and foster spirit of volunteerism among the youth. Throughout the week, a series of activities were conducted by 23 NSS volunteers along with designated staff including:



Day 1: Inauguration and Cleanliness Drive

The camp was inaugurated on 7th of february by the esteemed Principal Prof. (Dr.) Mushtaq Ahmad Malik, who emphasized the significance of NSS activities in the holistic development of students and the upliftment of rural communities. The NSS Programme Officer Dr. Mehraj ud Din Sheikh shared their experiences during the inaugural



function of the 07-day NSS camp, highlighting the importance of community service and youth engagement. They reflected on past initiatives, emphasizing the positive impact of such camps on personal growth and social development. Their inspiring words motivated the volunteers to actively participate and contribute meaningfully throughout the camp, and senior faculty members also contributed their insights. Dr. Mohd Shafi Dar delivered the vote of thanks. A cleanliness drive was conducted on the college campus to instill the spirit of selfless service and voluntary work among volunteers.

Day 2: Camp Installation and House Hold Servey: The NSS volunteers of GDC Tral set up a camp at their adopted school, Govt. S.S.A Primary School, Branpathri, as part of their community outreach initiative. Following the installation of the camp, they conducted a comprehensive household survey in the village of Branpathri. This survey aimed to assess the socio-economic conditions of the residents and gather



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essential data for future developmental activities. The initiative reflects the volunteers' commitment to community service and rural development.

Day 3: Awareness Programmes and Rally

The NSS volunteers, along with the staff, organized an awareness program and rally to promote digital literacy and educational rights. They actively engaged in raising slogans and conducting door-to-door visits to spread awareness on different themes of life. The rally echoed powerful messages, including "Ilm Chu Gaash" highlighting the transformative power of education. Through their efforts, they encouraged communities to embrace digital learning and ensure that every child receives the education and also raise awareness about the potential risks of internet misuse and the importance of adopting safe online practices.



Day 4: Green Initiatives, Environmental Awareness and House hold Survey.

Two significant environmental initiatives were conducted to promote ecological awareness and conservation. The first initiative, the **Forest Conservation Campaign**,

involved a rally with the slogan "**Save Forests, Save Lives,**" highlighting the crucial role of forests in sustaining life. Participants actively engaged in spreading awareness about deforestation and its adverse effects. The second initiative, the **Plantation Awareness Drive**,



focused on the "**Plant for the Planet Campaign,**" encouraging community members to plant trees. Volunteers educated people about the benefits of afforestation and the importance of maintaining green cover. The campaign successfully motivated local residents to contribute to environmental sustainability. Both initiatives played a vital role in fostering a sense of responsibility towards nature.

Day 5: Cleanliness Drive (water bodies and roads) and Drug De-addiction Awareness programme.

Two major awareness initiatives were conducted to promote community well-being.

The **Cleanliness Awareness Campaign** emphasized the importance of hygiene and sanitation through rallies and public engagements, encouraging people to keep their surroundings clean. Volunteers educated the community on waste management

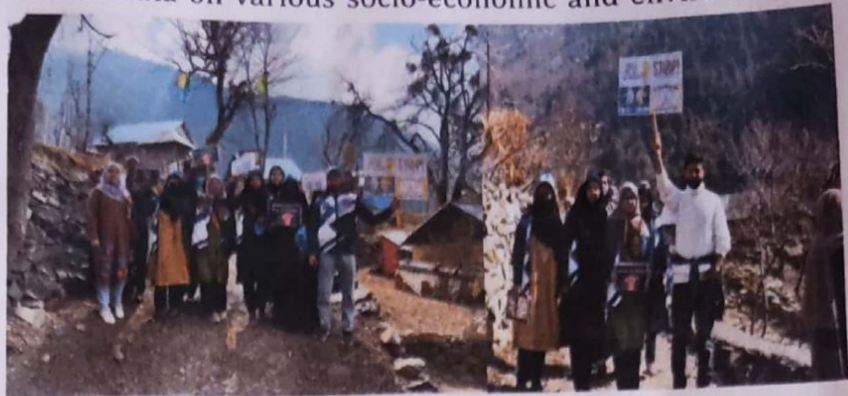


and the harmful effects of pollution. The **Drug De-addiction Awareness Drive** aimed

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to inform people about the dangers of substance abuse and ways to overcome addiction. Awareness sessions were conducted, highlighting the impact of drugs on health and society. Rehabilitation options and counseling services were also promoted to support those in need. Both initiatives successfully inspired community participation, fostering a healthier and more responsible society. In second half of the day, a household survey was conducted to gather essential data on various socio-economic and environmental aspects.

Volunteers visited homes and interacted with residents to collect information on living conditions, health, education, and sanitation. The survey aimed to assess community needs and identify areas for improvement.



Participants were encouraged to share their concerns, helping authorities develop better policies and initiatives. The collected data will be analyzed to support future developmental projects. Overall, the survey played a crucial role in understanding local issues and enhancing community welfare.

Day 6: AYUSH Free Medical Camp

An AYUSH Medical Camp was established to provide healthcare services to the local residents of the area, Expert doctors from Department officer AYUSH Pulwama (Dr. Khursheed Ahmad Mir , Dr. Nayeem Ahmad Wani) along with his team check-ups and guidance on natural healing methods. Patients received free medicines and personalized advice on lifestyle modifications for better health. The camp also focused on spreading awareness about the benefits of holistic and preventive healthcare. 248 community members participated, benefiting from alternative treatment approaches. Health awareness sessions were conducted to encourage the adoption of AYUSH practices for overall well-being. The initiative was



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Day 7: Valedictory Session and Campus Cleanliness Drive

The final day of the camp witnessed a whole-campus cleanliness drive, where volunteers actively participated in maintaining a clean and green environment. This was



followed by a valedictory session, marking the successful completion of the event. The camp concluded with a vibrant cultural program presented by NSS volunteers, who showcased their talents with great enthusiasm and spirit, leaving the audience captivated.

The seven-day NSS Special Winter Camp at Branpathri was a resounding success, significantly contributing to community welfare while instilling a spirit of service and responsibility among student volunteers.



سید اعجاز
7 روزہ کے دوران یہاں ایک ایک سرگرمیاں جاری رہیں گی۔ یہاں سے بات قابل ذکر ہے کہ گورنمنٹ ڈگری کالج ترائل گزشتہ کئی سال سے ترقی کی راہ پر گامزن ہے کالج نے مختلف میدانوں میں قابل تعریف انجام دیا ہے جبکہ کالج کے دونوں یونٹ انتہائی سرگرم رہتے ہیں۔

کے روز روات کیا ہے۔ اس خصوصی کیپ میں کالج کے پرنسپل کالج میں موجود دونوں این ایس ایس یونٹ کے افسران اور رضا کاروں اور کالج کے کچھ ملازمین نے حصہ لیا۔ این ایس ایس کے پروگرام ایس ڈاکٹر معراج الدین نے بتایا کہ برن ہتھری کالج نے کچھ سال ادا آپ کیا ہے۔ انہوں نے بتایا ان

ترائل اگورنمنٹ ڈگری کالج ترائل کے NSS یونٹ کی جانب سے برن ہتھری ترائل میں اپنا خصوصی 7 روزہ ہینڈ کیپ شروع کیا ہے۔ اس کیپ کو کالج کے پرنسپل پروفیسر معراجی احمد ملک نے ہینڈ کیپ کر چھ

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Mir Muzaffer
Tral, Feb 13 - In a significant healthcare initiative, the NSS Unit of Government Degree College (GDC) Tral, in collaboration with the AYUSH Department of Jammu and Kashmir, organized a free medical camp at Brenpathri Nagbal, Tral. The camp aimed to provide essential medical services, including free health check-ups, consultations, and medicines, ensuring quality healthcare access for local residents. A team of experienced doctors, AYUSH practitioners, and healthcare professionals attended to patients, offering expert advice and conducting health awareness sessions. Speaking on the occasion, Iqra Jan, Assistant Professor at GDC Tral, emphasized the importance of such initiatives in bridging the healthcare gap in rural areas. "We are committed to serving the community and ensuring that healthcare reaches every corner of our region. This camp is a testament to our efforts in collaboration with AYUSH J&K," she stated. The camp witnessed enthusiastic participation from locals, NSS volunteers, and medical professionals, reflecting the community's commitment to social responsibility and healthcare outreach. The organizers expressed gratitude to all stakeholders for their support and assured continued efforts in organizing similar initiatives in the future.

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Dr. Mehraj ud Din
NSS Programme Officer 1
Dr. Mehraj ud Din

Iqra Jan
NSS Programme Officer II
Prof. Iqra Jan

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Principal